



Debra Anne LeClair
AUTHOR

MEDIA KIT

Welcome, and thank you for your interest. Both the media page and this media kit gather everything you might need if you're writing about my work, inviting me to an event, or simply wanting to learn more. Please feel free to use the resources below and reach out if you'd like to connect.

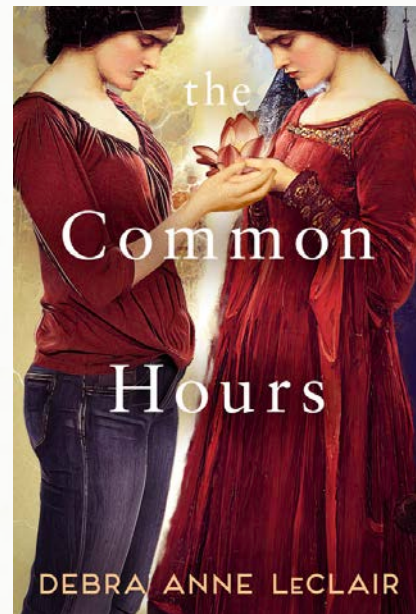
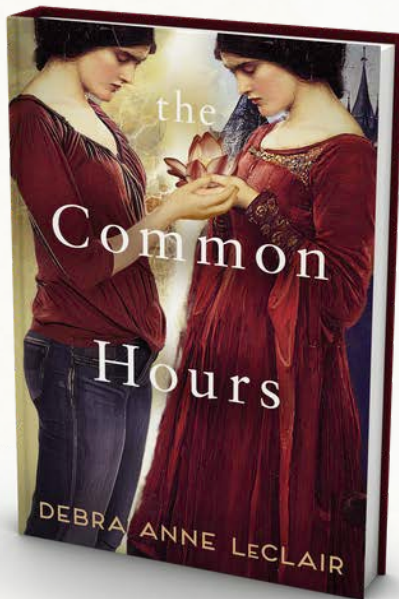
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Author Photos

A selection of high-resolution images you're welcome to use:



Book Cover & Book Images



 **Debra Anne LeClair**
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About the Author

Debra Anne LeClair Short Bio (50 words) for event programs and podcast intros

The seed of Debra Anne LeClair's debut novel, *The Common Hours*, stems from a visceral connection to the Tudor era and the discovery that her own Celtic ancestors tangled with the crown. As a psychologist and coach, Debra is also impassioned by the connection between psychology and spirituality and what that brings to a hero/heroine's journey.

Debra Anne LeClair Medium Bio (150 words) for author panels and speaking event intros

Debra Anne LeClair is the author of *The Common Hours*, a historical novel inspired by her lifelong fascination with the Tudor Dynasty and the discovery that her own Irish ancestors once crossed paths with the Tudors. She began writing fiction as early as third grade, though much of her professional career was spent in non-fiction—publishing in psychology, business, and wellness—before returning to fiction through novels and screenplays.

Her co-written screenplay *A Day in Another Life*, about a time-traveling millennial who becomes the drummer for the Beatles, reached the quarterfinals at the Austin Film Festival in 2016 as well as in the Script Pipeline Competition and the Page International Screenwriting Awards in 2017. She has studied writing at the Yale Writers' Conference, Grub Street, Gotham Writers, and Arvon in the UK.

Debra lives in New Hampshire with her partner (also a writer) and two cats, where she balances her writing life with her work as a psychologist, executive coach, and meditation teacher.

About the Author

Debra Anne LeClair Long Bio (400-500 words) for a deeper dive

Being forever fascinated by the Tudor Dynasty—from the saga of Henry VIII's six wives to the renaissance of the Elizabethan Era—I have never been able to let go of that time in history, finding in it a deep connection that feels both visceral and haunting. When I discovered that my own Irish ancestors had tangled with the Tudors, the grip Queen Elizabeth I held on my imagination finally made sense. My first novel, *The Common Hours*, was born from a need to explore that story as it lives in my DNA.

I began writing fiction as early as third grade, though for many years my writing life was devoted to non-fiction—articles and book chapters in psychology, business, and wellness. Eventually, fiction called me back, guiding me into the world of novels and screenplays.

A Day in Another Life, a co-written screenplay about a time-traveling millennial who becomes the drummer for the Beatles, reached the quarterfinals at the Austin Film Festival in 2016 as well as in the Script Pipeline Competition and the Page International Screenwriting Awards in 2017. My education in fiction has included several years at the Yale Writers' Conference, along with courses at Grub Street, Gotham Writers, the New Hampshire Writers' Project, and Arvon in the UK.

Currently in progress is the sequel to *The Common Hours*, tentatively titled, *When Time Broke Open*, which continues Lindsay McDonnell's story as she navigates her precarious place in Elizabethan England. In a very different vein, I am also at work on *She's As Strange As Angels*, a novel set in 1989 New Jersey about Caroline Lasko, a twenty-three-year-old emerging mystic who also struggles with sex and love addiction.

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About the Author

Debra Anne LeClair Long Bio (*continued*)

In addition to being an author, I am a doctoral-level psychologist, executive coach, and meditation teacher. I work with evolving leaders and conscious creators, both one-on-one and in teams, using a whole-person approach—one that honors the wisdom of the body, its care, and the often-untapped spiritual resources that can bring intelligence and alignment to aspirations.

I make my home in New Hampshire with my beloved partner (also a writer) and our two cats, where I relish the bounty of the natural world.

Conversation Starters

Here are some themes I love exploring in interviews and events:

- The spark that began *The Common Hours*
- How ancestral stories, myth, or personal history weave into fiction
- The psychology of the writing life
- What stories can teach us about belonging and connection

Sample Questions

- What drew you into the world of your latest novel?
- What does your writing process look like on an ordinary day?
- How do you hope your readers will feel while reading the book?
- What is it like to integrate real historical figures with fictional characters?

Press Release

LOCAL PSYCHOLOGIST TALKS ABOUT THE HEALING EFFECT OF ANCESTRAL CONNECTIONS WITH RELEASE OF DEBUT NOVEL

New Hampshire resident, Debra Anne LeClair is releasing her debut novel, *The Common Hours* on November 1st from PortalStar Publishing. The novel explores themes of grief, loss and ancestral guidance all through a mystical time travel journey. "People are searching for spiritual guidance but are sometimes afraid to actually engage. This story integrates what it means to walk alongside your blood and flesh ancestors, in their time, sharing the adversities and their wisdom." The struggles in this novel are at epic levels.

The book is the story of Lindsay McDonnell, a modern young woman grappling with the sudden death of her mother and the legacy to follow her mother's secret slips through time. As Lindsay embarks on her own travels through the centuries, in hopes of reuniting with her mother in the past, she instead lands in the arms of her 16th century Celtic ancestors in the throes of conflict with both the English Tudor crown and from within their own kin. "Lindsay is a Buddhist, feminist vegetarian who offers herself as an envoy of peace at Queen Elizabeth I's court, where just the difference between being Catholic and Protestant can drop you right into a boiling cauldron of danger." LeClair will be speaking at several regional venues, from retreat centers to independent bookstores. For a complete calendar of upcoming events, visit debraanneleclair.com

About the Author: Debra Anne LeClair is a psychologist, meditation teacher and executive coach. As a writer, Debra is impassioned by the connection between psychology and spirituality and what that brings to a hero/heroine's journey.

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